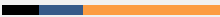


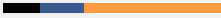


2023 MEMPHIS MENTAL HEALTH RESOURCES





WELCOME



This is a resource bank. Mental Health America of the MidSouth is not affiliated with any these organizations. This is a general list. It is a physical copy of all organizations who submitted to midsouthmentalhealth.org. We have lightly organized each resource by type of services. Please use the "types of services" page to guide your search. There is overlap, but we have only listed each resource by one service. That does not mean that is all that the organization offers.

THERE ARE PEOPLE WHO CAN HELP!

All of the listed resources are listed on the website:
midsouthmentalhealth.org.

THANK YOU!

MENTAL HEALTH AMERICA OF THE MIDSOUTH



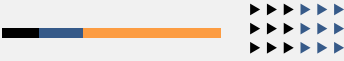


TYPES OF SERVICES



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IMPORTANT HOTLINES



National Domestic Violence Hotline

1.800.799.7233

National Human Trafficking Hotline

1.888.373.7888

National Suicide Prevention Lifeline

988

Rape, Abuse, and Incest (RAINN) National Network

1.800.656.4673

Tennessee Child Abuse Hotline

1.877.237.0004

The Trevor Project (For Young LGBTQ Lives)

1.866.488.7386

Veterans Crisis Line

988. THEN PRESS 1



BEHAVIORAL HEALTH/ ADDICTION TREATMENT

A Hope and A Future

Many people who experience painful experiences often go without support and have difficulty finding support. This can result in feelings of hopelessness that often go unheard and unseen. A Hope and A Future helps individuals and families seeking to respond more effectively to painful life experiences by providing life skills groups and community resources needed to restore healthy spiritual, mental, and physical lives within a Christian context.

2932 Altruria Rd, Bartlett, TN 38134
901.235.5375
ahafmemphis.org



Agape Child & Family Services

We fully serve both parents and children with holistic, wrap-around services including school-based initiatives, workforce development, early childhood services, community safety, and trauma-focused support.

3160 Directors Row, Memphis, TN 38131
901.323.3600
agapemeanslove.org



Alliance Healthcare Services

Each of our outpatient clinics are licensed by the Tennessee Department of Mental Health and Substance Abuse Services to provide outpatient mental health services and outpatient substance abuse services. From alcohol and drug therapy, individual and group therapy, parent-child interaction therapy, and trauma-focused cognitive behavioral therapy, our clients can rest assured all of their mental health care needs will be met.

901.369.1410 (intake)
901.577.9400 (24/7 crisis hotline)
alliance-hs.org



Behavioral Health/Addiction Treatment



Ascent Health, Inc.

Ascent provides intensive services to youth, families, and adults in Memphis and Shelby County experiencing behavioral and mental health issues. Our services are provided in the home, school, and community by our qualified team members and are characterized by dignity, respect, and professionalism. Anyone can make a referral.

2670 Union Extended, Suite 605, Memphis, TN 38112

901.206.2222

ascentlife.org



Behavior Services of the Mid-South, LLC

Behavior Services of the Mid-South is the area's leading provider of site-based behavioral and mental health services. In addition to our Cordova clinic, BSMS provides services to over 1000 clients, most of whom reside in historically underserved communities.

150 Timber Creek Dr. #2, Cordova, TN 38018

901.248.0595

behaviorservicesmidsouth.com



Case Management Inc.

We offer a full array of outpatient services to those with mental illnesses in the Memphis and Shelby County area. The programs offered are driven by consumer need. Examples of programs include ones that help those who suffer with homelessness, are victims of crimes, or youth.

3171 Directors Row, Memphis, TN 38116

901.821.5600

901.577.9400 (crisis line)



Behavioral Health/Addiction Treatment



Cherokee Health Systems

CHS offers a wide array of comprehensive health services, including primary care, behavioral health, dental, and pharmacy. All of our services are available to children, adults, and seniors who have coverage through private insurance plans, coverage through state programs like TennCare or CoverKids, and those who have no insurance coverage. We proudly offer sliding-fee scales to those who meet certain household size and income guidelines.

2146 Frayser Blvd, Memphis, TN 38127

901.302.4361

cherokeehealth.com



Christ Community Health Services

Primary Care Medical and Dental services with access to mental health same day as appointment.

christcommunityhealth.org



Main Office

2595 Central Ave
Memphis, TN 38104
901.842.3160

East Jackson Health Center

655 Lexington Ave.
Jackson, TN 38301
901.842.2376

Hickory Hill Health Center

5366 Winchester Rd.
Memphis, TN 38115
901.842.3164

Operation Outreach

1325 Jefferson Ave.
Memphis, TN 38104
901.842.3167

Orange Mound Health Center

2569 Douglass Ave.
Memphis, TN 38114
901.842.3164

Third Street Health Center

3362 S. Third St.
Memphis, TN 38109
901.842.3166

Behavioral Health/Addiction Treatment



Christian Counseling Center of Bartlett

Christian Marriage and Family Therapy
6385 Stage Rd, Memphis, TN 38134
901.382.3888



Church Health

Medical home to tens of thousands of uninsured and underserved individuals and families across Shelby County, Tennessee. Full medical and behavioral health providers.

1350 Concourse Ave, Suite 142, Memphis, TN 38104
901.272.0003
churchhealth.org



Compassion Mental Health

Our mission is to provide compassionate care to those that come to us for help. We provide psychiatry, counseling and therapy services to patients from all walks of life across the Mid-South.

7556 Highway 70, Bartlett, TN 38133
901.552.3497



Compassion Mental Health™
PSYCHIATRY & THERAPY

Crestwyn Behavioral Health

Crestwyn Behavioral Health is the leading psychiatric inpatient treatment hospital in the Memphis, TN, area. We provide comprehensive care for adolescents and adults who are struggling with substance abuse, addiction, and a wide range of mental health disorders.

9485 Crestwyn Hills Cove, Memphis, TN 38125
888.504.1737
crestwynbehavioral.com



Behavioral Health/Addiction Treatment



Delta Specialty Hospital

Mental Health and Drug Addiction Treatment Center for adults. Also offers behavioral health ER services.

3000 Getwell Rd, Memphis, TN 38118

855.201.8660

deltaspecialtyhospital.com



Experiential Healing Center

A comprehensive, individualized treatment plan can be developed with our primary therapists, or a retreat or an intensive weekend or week-long program can be arranged to address a specific issue or to supplement the work that you're already doing. Our professionals have a broad range of expertise in areas of concern

1716 Lockett Place, Memphis, TN 38104

901.372.0710

ehcmemphis.com



Health Connect America

Health Connect America provides mental and behavioral health services to children, families, and adults

healthconnectamerica.com



Memphis:

(Covers counties of Fayette, Shelby and Tipton)

2900 Kirby Parkway, Suite 10,

Memphis, TN 38119

901.458.8638

Jackson:

(Covers counties of Chester, Crockett, Haywood, Henderson, and Madison)

60 Lynoak Cove, Suite B, Jackson, TN 38305

731.668.7593

Dyersburg:

(Covers counties of Dyer, Gibson, Lake, Lauderdale, Obion and Weakley)

2900 Kirby Parkway, Suite 10, Memphis, TN 38119

901.458.8638

Behavioral Health/Addiction Treatment



HealthQuest

HealthQuest, P.C. has almost three decades of meeting the mental health needs of West Tennesseans. We provide counseling, psychiatry, TMS services, medication management, and more.
healthquestmemphis.com



Cordova

58 Timber Creek
Drive
Cordova, TN 38108
901.566.1002

Southaven

6587 Cobblestone
Blvd.
Southaven, MS 38672
901.566.1002

The Summits

8130 Country Village
Drive, #103
Cordova, TN 38106
901.308.2915

Hope Enrichment Center

A private psychotherapy practice that provides counseling for persons ages 7+, couples/relationship counseling, family counseling and professional life coaching services for those seeking health, balance, and abundant lives.
hopeenrichmentcenter.com



Memphis

5545 Murray Ave, Suite 204
Memphis, TN 38119
901.440.8580

Southaven

6858 Swinnea Rd, Building 7
Southaven, MS 38671
662.536.6210

Kemmons Wilson Family Center for Good Grief- Milla's House (Baptist Hospital)

Baptist offers free and comprehensive grief services, including counseling, camps and workshops at three different locations. Counselors specializing in grief are there to guide individuals of all ages and families throughout the often rocky road of managing grief and adjusting to a new normal.

326 Ellsworth Street, Memphis, TN 38111
901.861.5656

baptistonline.org/services/grief-services



Behavioral Health/Addiction Treatment



Kindred Place

Kindred Place is a counseling and education center for adults and children. Through classes, individual sessions, and group therapy (available in English and Spanish), we help families navigate the challenges of parenting and partnerships to build stronger connections, improve communications, and resolve conflicts peacefully.

2180 Union Ave, Memphis, TN 38104

901.276.2200

kindred-place.org



Kindred Place
peace begins here

Lakeside Behavioral Health

Lakeside Behavioral Health System is committed to helping our community understand and recognize the complexities of behavioral health issues and addictive diseases. We offer a range of weekly on-site support groups, from Aftercare and depression or bipolar support to Alcoholics Anonymous (AA) and Narcotics Anonymous (NA). We also offer a variety of training classes and suicide prevention workshops to empower our community to fight this silent epidemic.

2911 Brunswick Rd, Memphis, TN 38133

901.377.4733

lakesidebhs.com



Lowenstein House

Lowenstein House is a psychosocial rehabilitation facility serving adults diagnosed with mental illness. Its mission is to assist persons with mental health disorders to obtain skills that will help them live and function more productively in the community

821 South Barksdale Street, Memphis, TN 38114

901.274.5486

lowensteinhouse.com



Lowenstein House
Mental Health Rehabilitation • Support • Recovery

Behavioral Health/Addiction Treatment



Memphis Crisis Center

A volunteer-powered agency, the Memphis Crisis Center serves as a free, safe and confidential lifeline for thousands of people in the Mid-South area through nonbiased, 24-hour telephone support.

901.274.7477

memphiscrisiscenter.org



Memphis Health Center Inc.

Behavioral health includes not only ways of promoting well-being by preventing or intervening in mental illness, such as depression and anxiety, but also as an aim in preventing or intervening in substance abuse and other addictions. With special programs for HIV/AIDS infected persons.

360 E E.H. Crump Blvd, Memphis, TN 38126

901.261.2000

memphishealthcenter.org



Memphis Mental Health Institute

Memphis Mental Health Institute (MMHI) is a psychiatric hospital that has been serving the Memphis community since 1962. Hospitalizations are on a voluntary or involuntary basis, or patients can also be referred by the court system for pre-trial evaluations. The hospital offers 2 short-term care units for a total of 55 beds.

951 Court Ave, Memphis, TN 38103

901.577.1800

www.tn.gov/behavioral-health/hospitals/memphis.html



Behavioral Health/Addiction Treatment



Methodist Healthcare – The Living Well Network

Through connection, education and advocacy, the Living Well Network is helping the community be more mindful of how behavioral health impacts our lives. Often, people don't know where to begin when seeking help for emotional health issues. Now, they can call the Living Well Network and talk to one of our counselors who will connect them to the appropriate resources in the community. With generous support from our community partners, this free service is offered to any adult in the Mid South and greater Memphis area.

901.762.8558

methodisthealth.org/the-living-well-network/



Methodist LeBonheur Healthcare

The Methodist Behavioral Health Center is located in a dedicated building attached to Methodist North Hospital. The Behavioral Health Center is newly renovated and houses 10 private and 24 semi-private rooms. Our program offers a variety of services to fit you or your loved one's needs, including: Psychiatric evaluation and treatment. Medication management and education. Group therapies. Recreation groups.

Internal medicine services. Nursing services.

3960 New Covington Pike, Memphis, TN 38128

901.516.8895

methodisthealth.org



Mission Possible: Christian Outreach Service Mission (COSM)

Outreach Service Mission provides Christian-based counseling, emergency food, and clothing for low income families in Memphis.

2400 Poplar Ave. #428, Memphis, TN 38112

901.458.4357

missionpossiblecosm.com



Behavioral Health/Addiction Treatment



National Alliance on Mental Illness (NAMI), Memphis

NAMI provides classes to help families cope with the effects of mental illness, plus advocacy in areas such as housing, insurance coverage and health services. At the state and federal levels, NAMI advocates for fair and nondiscriminatory laws, and works to eliminate the stigma surrounding mental illness and brain disorders.

3729 S. Hickory Ridge Mall, Suite 480, Memphis, TN 38115

901.577.9400

nami-memphis.org



Omni Community Health

Omni offers a wide range of services and therapies that treat and heal children, families and adults.

2725 Kirby Parkway, Suite 11, Memphis, TN 38119

901.800.4645

theomnifamily.com



Behavioral Health/Addiction Treatment



Pathways Behavioral Health

Offers clinical programs at nine locations in West Tennessee. Services offered include a 24-hour walk-in triage center, adult inpatient services for mental health and substance abuse, a crisis stabilization unit, and an intensive outpatient unit for adults and adolescents.

Dyersburg

1720 Woodlawn Ave
Dyersburg, TN 38024
731.285.1393
800.372.0693 (crisis line)

Jackson

238 Summar Dr
Jackson, TN 38301
731.541.8200
800.372.0693 (crisis line)

Tambell

1120 Tammell St.
Brownsville, TN 38012
731.772.4685
800.372.0693 (crisis line)

Rainbow Center (Peer Support)

67 American Drive
Jackson, TN 38301
731.423.9500
800.372.0696 (crisis line)

Union City

930 Mount Zion Rd
Union City, TN 38261
731.885.9333
800.372.0694 (crisis line)



Behavioral Health/Addiction Treatment



Professional Care Inc.

Professional Care Services of West Tennessee, Inc. is an agency composed of caring and involved professionals who are trained to respond to the mental health needs of their community through assessment, intervention, treatment, rehabilitation and support. Since the beginning, the primary purpose of the agency has been to provide services for the citizens of our communities.

pcswtn.org

800.353.9918 (crisis line)



Covington (Main Office)

1997 Hwy 51 S
Covington, TN 38019
901.476.8967

Brownsville

130 W. Main St.
Brownsville, TN 38012
731.772.9002

Dyersburg

2380 Henry St.
Dyersburg, TN 38024
731.287.1794

Millington

5281 Navy Rd.
Millington, TN 38053
901.873.0305

Ripley

403 Commerce St.
Ripley, TN 38063
731.635.3968

Somerville

213 Lake View Dr.
Somerville, TN 38068
901.465.9831

Behavioral Health/Addiction Treatment



Quinco Community MH Center

A premier mental health center focusing on substance abuse and mental health treatments for patients of all ages. We seek to provide an environment that promotes the dignity of all our patients and we do not discriminate against race, color, creed, gender, sexual orientation or national origin.

800.532.6339 (crisis line)
quinco cmhc.com



Bolivar (Main Office)
10710 Old Highway 64
Bolivar, TN 38008
731.658.6113

Jackson
45 Executive Drive
Jackson, TN 38305
731.664.2111

Brownsville
645 E. Popular Ave
Selmer, TN 38375
731.645.5753

Decaturville
259 W Main St
Decaturville, TN 38329
731.852.3112

Henderson
925 E Main St.
Henderson, TN 38340
731.989.3401

Lexington
844 Natchez Trace Dr
Lexington, TN 38351
731.967.8803

Savannah
1410 Pickwick St
Savannah, TN 38372
731.925.1022

Recovery Associates Group PLLC

We are a multidisciplinary team of mental health providers who are committed to those struggling to recover from a wide range of behaviors they are seeking to change. We treat adolescents and adults. Our mission is to create a platform that empowers individuals and families to restore health and balance lost as a result of life crisis, debilitating mental health, and/or substance abuse related issues

3257 W. Sarazens Circle, Memphis, TN 38125
901.590.4106
recoveryassociates.org



Behavioral Health/Addiction Treatment



Safe Harbor of Memphis

At Safe Harbor, we consider it a privilege to serve the men and women in our care. These participants have come to us from living in the streets or ex-offenders that needed somewhere to go. We strive to provide them with so much more than food and shelter—we strive to make a lasting difference through group and pastoral counseling, life building classes, and finding them permanent employment which provides stability once they leave our care.

3630 Jackson Ave, Memphis, TN 38108
901.342.0966
safeharbormemphis.org



Serenity Recovery Centers

Serenity Recovery Centers began as “Serenity House” in 1971 when a group of recovering alcoholics founded a safe haven for alcoholics seeking treatment. In the 50 years since our inception, our initial commitment has never waived to offer counseling, education and advocacy to all individuals and families in our community who are struggling with addiction — regardless of their ability to pay
serenityrecovery.org



Intensive Outpatient (Bellevue)
1168 Poplar Ave, Memphis, TN
38105
901.521.1131 Ext. 249

Intensive Outpatient (Park Ave)
5220 Park Ave, Memphis, TN
38119
901.521.1131 Ext. 264

Residential Treatment Center
1094 Poplar Ave, Memphis, TN
38105
901.521.1131

Behavioral Health/Addiction Treatment



St. Francis Hospital

Our senior program addresses common difficulties experienced by seniors, such as memory loss, confusion, declining physical abilities, decreased social activity, depression and other mood changes, loss of friends and loved ones, and an inability to maintain daily living skills. We offer patient and caregiver support, education and therapy groups to meet the needs of our senior program participants. In a hospital setting, we are able to provide 24 hour nursing care, nutritionists and other full-service hospital personnel committed to improving patients' health.

5959 Park Ave, Memphis, TN 38119

901.765.1400

saintfranchishosp.com



Support Solutions of Mid-South, LLC

Our goal is providing a happy, healthy and safe environment where supported persons can pursue their dreams, establish significant relationships and connect to their communities. Our highly-trained professionals and clinicians believe in an integrated approach to the delivery of supports for people, particularly those with a dual diagnosis requiring specialized mental health services.

5909 Shelby Oaks Dr, Suite 100, Memphis, TN 38134

901.383.9193

supportolutionsms.com



Tennessee Mental Health Consumers' Association

Tennessee Mental Health Consumers' Association offers support groups, peer support, and education for adults with mental illness, substance use, and dual diagnoses

tmhca-tn.org/



1407 Union Avenue
Memphis, TN 38104
901.522.2090

319 Vann Drive
Jackson, TN 38305
731.660.3275

Behavioral Health/Addiction Treatment



The University of Memphis SMART Center

Supporting Mental Health Access to Resources through Telehealth (SMART), the SMART Center provides a tele-behavioral health training and treatment program for the region to counteract the impacts that COVID-19 had on the mental health service delivery here. Our online clinic uses videoconferencing to provide evidence-based clinical interventions for children, youth and families across Tennessee.

901.678.1636 (Warm Line)

SMARTcenter@memphis.edu (To Enroll)

memphis.edu/smartcenter



Transformation Center

Offers comprehensive, holistic care to address eating disorders, addiction, and other psychiatric conditions. Since 2001, the skilled medical team has been treating women with eating disorders in the

Memphis area. The staff now offers comprehensive psychiatric treatment at their facility for a variety of issues, including addiction, anxiety, mood disorders, and trauma.

1088 Rogers Rd, Memphis, 38018

901.755.1396

transformationmemphis.com



Unity Psychiatric Care

Our 20-bed hospital offers comprehensive inpatient care for seniors 55 and older, including those struggling with behavioral issues linked to dementia.

901.791.0600

unitypsych.com



Behavioral Health/Addiction Treatment



UT Psychiatry Group

The largest non-hospital physician group in Memphis. University Clinical Health (UCH) is the only independent and physician-led faculty practice plan of the University of Tennessee Health Science Center. 24 specializations (addiction medicine, psychiatry, etc.)

920 Madison Ave, Floor 2, Memphis, TN 38103

901.866.8864

universityclinicalhealth.com



Vertava Health

At Vertava Health, we provide evidence-based and comprehensive behavioral health care to help people achieve long-term success in wellness and recovery. With inpatient rehabs and outpatient wellness centers, and virtual behavioral health care options, we provide a full continuum of addiction and mental health care.

340 Stateline Rd W, Southaven, MS 38671

662.510.2803, 877.837.8282 (crisis line)

vertavahealth.com



vertava
HEALTH

HIV/AIDS



Friends For Life

The goal of Friends For Life is to be the provider of hope, help and healing for our neighbors affected by HIV/AIDS. We seek to prevent the spread of HIV and help those affected by HIV/AIDS live well. Our comprehensive, client-centered approach includes education, housing, food and nutrition, transportation, mental health services, care coordination and healthy life skills training.

43 N. Cleveland St., Memphis, TN 38104
901.272.0855
fflmemphis.org



OTHER

Memphis Housing Authority

Providing housing opportunities since 1935. Apply for public housing through this organization.

700 Adams Ave, Memphis, TN 38105
901.544.1100
memphisha.org



South Memphis Alliance (SMA)

South Memphis Alliance (SMA) opened its doors in 2000 to help organize neighborhood associations in the urban communities of South Memphis. Over time we've expanded our services to serve youth in foster care and families in need. Despite our growth, we hold fast to our core belief that civic engagement is the bedrock of strong communities, and that strong communities promote stable families.

1048 South Bellevue Blvd, Memphis, TN 38106
901.774.9586
smaweb.info



Vocational Rehabilitation

If you are eligible for supportive employment through Vocational Rehabilitation (VR), then you will work closely with a VR Counselor to develop an Individualized Plan for Employment (IPE) which outlines a program of services that leads to successful employment. The types of services provided are based on the needs of the individual and are designed to help the individual to become employable.

1365 Morgan Road, Dyersburg, TN 38024
731.286.8315



SERVING THE HOMELESS

Baptist Operation Outreach

Free mobile health care clinic for individuals or families without permanent housing.

901.842.3167



Calvary Rescue Mission

We serve two full meals a day, offer clothing to homeless men, have a 2500-volume library, provide nightly chapel services, counseling, a discipleship program, and lodging.

960 S. Third St, Memphis, TN 38106

(901) 775-2570

calvaryrescuemission.org



Hospitality Hub

We are experts in our field. The Hospitality Hub staff leverages decades of combined experience to identify challenges faced by our homeless clients and works with them to implement solutions that best suit their needs.

590 Washington Ave, Memphis, TN 38105

901.730.1736

hospitalityhub.org



Living For Christ Restoration House

We are here for assistance to all people. We provide the following basic necessities for our patrons as needed: Food, clothes, and shelter. It is our endeavor that no one be turned away from our doors. We attempt to seek resources for every needy individual we see.

3095 Thomas St, Memphis, TN 38127

(901) 791-4022

lforcrstorationhouse.wixsite.com/shelter



Serving the Homeless



Memphis Union Mission

Ministers to the physical, spiritual, and emotional needs of men, women, and families who are homeless, addicted, and in crisis. Memphis Union Mission has been the city's primary service provider to the homeless since 1945.

memphisunionmission.org



Calvary Colony

4535 Benjestown Rd
Memphis, 38127
(901) 357-9641

Greater Mt. Moriah Potter's House

Women and Children Extended Stay
Memphis, TN
(901) 526-8403

Men's Emergency Shelter

383 Popular Ave
Memphis, TN 38105
(901) 526-8403

Men's Extended Stay Center

600 Popular Ave
Memphis, TN 38101
(901) 526-8403

Wright Transitional House

170 Tillman St.
Memphis, TN 38111
(901) 526-8403

SPRITUAL HEALTH

Downtown Church

A church defined by shared core values and bonded by the fellowship of the Holy Spirit. A church family centered upon the good news of what God has done for the world through his Son, Jesus Christ.

430 Vance Ave, Memphis, TN 38126
(901) 214-5372
downtownchurch.com



Jewish Family Service Memphis

The Memphis Jewish Community Center (MJCC) is an inclusive and compassionate community built on Jewish values, heritage, and culture, where people of all ages, lifestyles, ethnicities and levels of observance come together to pursue personal fitness, team sports, the arts, youth programming, and early childhood education. We offer a range of activities, classes, and schedule options to fit your personal needs, interests, and goals.

6560 Poplar Ave, Memphis, TN 38138
901.761.0810
jccmemphis.org



TRAUMA RECOVERY

Crime Victims & Rape Crisis Center

We envision a healthier, safer, and more well-informed Shelby County, where victims of crime are treated with dignity and respect as they heal from trauma and navigate the justice system, and community members are empowered to join together to reduce violence and its traumatic effects. All services are free and confidential.

901.222.3950

901.222.4350 (crisis line)



Ladies In Need Can Survive, Inc.

Ladies In Need Can Survive, Inc. was founded in 2013 with an explicit mission to impact the community by breaking the cycle of domestic violence, substance abuse and homelessness through a structured and intensive training program that focuses on transitioning, strengthening and empowering women to succeed.

901.353.0927

ladiescan.org



Love Doesn't Hurt

Love Doesn't Hurt helps to provide assistance to victims of Domestic & Sexual Violence in the Lesbian, Gay, Bisexual, and Transgender Community to provide emergency shelter, transportation, food, clothing and relocation for those in Shelby County area.

901.213.7661

lovedoesnthurt901.com



Trauma Recovery



Pregnant Moms' Empowerment Program

The Pregnant Moms' Empowerment Program is a free support group for pregnant women exposed to intimate partner violence. Each group includes 4-5 women & meets for 2 hours a week for 5 weeks. Women receive baby care items (e.g., onesie, swaddle) for attending group sessions and are also compensated \$250 for completing 4 assessments.

400 Innovation Dr, Memphis, TN 38111
901.257.9848



Thistle and Bee Enterprises Inc

Thistle & Bee offers women hope and healing through a holistic residential and therapeutic clinical program and employment in our social enterprise. Our program has 3 components: 1. Housing in a two-year residential community. 2. Wrap-around services addressing physical, emotional, educational, and spiritual needs.; 3. Employment and job skills training in our social justice enterprise

901.410.1418
901.338.8299 (Crisis Line)
thistleandbee.org



The Women's Advocacy Center

Our mission is to empower and support survivors of domestic abuse. We do this by educating them on how to gain economic independence and form healthy relationships, while stabilizing their families and strengthening their faith. For women who could benefit from participating in a support group, we provide a bi-weekly opportunity to meet with other survivors. In this setting, ladies learn life skills, receive parenting education, process grief, and form healthy friendships.

901.896.9055
womensac.org



Trauma Recovery



Wo/Men's Resource & Rape Assistance Program (WRAP)

The WRAP Team is committed to a survivor-centered, empowerment-focused practice model that embraces a more holistic approach to the provision of services. To meet the specific needs of survivors of domestic and sexual violence, a wide array of services are available for those who reach out to WRAP for help, including a 24/7 crisis line, safe homes, court and hospital accompaniment, counseling and therapy, resource linkage, and housing and utility assistance.

512 Roland Ave, Jackson, TN 38301

731.668.0411, 800.273.8712 (if you need help)

wraptn.org



YWCA

The YWCA empowers domestic violence survivors to take control of their lives, while offering them safety and the resources to ensure their self-sufficiency.

766 S. Highland Street, Memphis, TN 38111

90.323.2211

memphisywca.org



YOUTH

Compass Intervention Center

Provides trauma-informed behavioral healthcare to children and teens, ages 10 to 17, struggling with a general psychiatric, substance abuse or dual diagnosis disorder.

7900 Lowrance Rd, Memphis, TN 38125
901.758.2002



McDowell Center for Children

A 28-bed residential treatment facility located in Dyersburg, Tennessee, for adolescent males experiencing mental health, behavioral, and/or substance abuse issues. Our staff includes licensed therapists, psychiatrists, nurses, and counselors who offer 24-hour support for our patients. We provide young men with the skills they need to improve their thinking patterns, make healthier choices, and create new futures with improved outlooks and outcomes.

711 US-51 BYP, Dyersburg, TN 38024
888.266.7279
mcdowellcenterforchildren.com



Memphis Recovery Centers - Youth Rehab Center

Memphis Recovery Centers provides a residential youth treatment program with addiction therapies for 13–17 year-old adolescents. Memphis Recovery Centers' youth facility has its own campus, consisting of two historic homes with 20 beds. While our staff monitors teens 24-7, the goal isn't to create a rigid environment. Through comprehensive therapy and empathetic support, our staff fosters a sense of community and belonging for the youth we serve.

866.304.8254
memphisrecovery.com



Youth



Perimeter Behavioral Hospital of Jackson

Perimeter Behavioral of Jackson is one of our premier behavioral health hospitals providing inpatient psychiatric treatment for children and adolescents ages 6-17. We also provide continuity of care with an onsite residential treatment program for children and adolescents ages 12-17.

49 Old Hickory Blvd, Jackson, TN 38305
731.668.7073



Shelby County Schools Mental Health Center (SCSMHC)

The Shelby County Schools Mental Health Center (SCSMHC) operates under the aegis of the Department of Exceptional Children (CSH) and is licensed by the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) to provide school-based treatment and support for students who are struggling with behavioral and emotional challenges. Our work also creates a vital link between home, school, and community, helping remove psychosocial barriers to academic success.

2800 Grays Creek Drive, Arlington, TN 38002
901.416.8484
scsk12.org



Tennessee Voices for Children, Inc.

We have taken the lead in promoting the use of a coordinated system of care in Tennessee that includes family support and community engagement as key components. TNV works collaboratively with parents, professionals, state and federal officials, policy makers and other key stakeholders to ensure that services provided to children and families in Tennessee are family driven, community based, and culturally and linguistically competent.

3100 Walnut Grove, #511, Memphis, TN 38138
901.758.2522
tnvoices.org



Youth



Youth Villages

Youth Villages provides help for children and young people across the United States who face a wide range of emotional, mental and behavioral problems. We work to find solutions using proven treatment models that strengthen the child's family and support systems and dramatically improve their long-term success. Youth Villages helped more than 30,000 young people and their families this year.
youthvillages.org



Bartlett Campus

7410 Memphis-Arlington Rd.
Bartlett, TN 38135
901.252.7800

Dogwood Campus

2890 Bekemeyer Dr.
Arlington, TN 38002
901.252.7280

Dyersburg

1865 US-51 BYP
Dyersburg, TN 38024
731.288.4600

Jackson

24 Weatherford Square
Jackson, TN 38024
731.660.6760

Midtown Memphis

2714 Union Ave Extended, Suite 400
Memphis, TN 38112
901.320.6100

National Headquarters

3320 Brother Boulevard
Memphis, TN 38133
901.251.5000

Shelby Oaks

5515 Shelby Oaks Drive
Memphis, TN 38134
901.252.7600

VETERANS

Memphis VA Medical Center

Since 1922, VAMC Memphis has been improving the health of the men and women who have so proudly served our nation. We consider it our privilege to serve your health care needs in any way we can. Services are available to more than 196,000 veterans living in a 53-county area of western Tennessee, northern Mississippi, and northwest Arkansas. va.gov/memphis-health-care



Memphis VA Medical Center

130 Jefferson Ave
Memphis, TN 38104
901.523.8990

Dyersburg VA Clinic

1067 Vendall Rd
Dyersburg, TN 38024
731.287.7289

Jackson VA Clinic

180 Old Hickory Blvd, Suite A,
Jackson, TN 38305
731.661.2750

Savannah VA Clinic

70 Harbert Drive North
Savannah, TN 38372
731.727.8390

Covington VA Clinic

3461 Austin Peay Highway
Memphis, TN 38123
901.261.4500

Helena VA Clinic

125 Quarles Lane
West Helena, AR 72390
870.228.3644

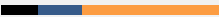
Nonconnah Boulevard VA Clinic

1689 Nonconnah Blvd
Memphis, TN 38132
901.271.4900

Union Ave VA Clinic

1407 Union Avenue, 11th Floor
Memphis, TN 38104
901.523.8990x5661

Veterans



Operation Stand Down

Operation Stand Down Tennessee provides and connects Veterans and their families with comprehensive services.

901.305.6410





CONTACT US

 mhamidsouth.org

 615.269.5355

 forinfo@mhamidsouth.org



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ANONYMOUS
MENTAL HEALTH
SCREENING FOR
MORE RESOURCES**

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