

# MENTAL HEALTH AMERICA OF THE MIDSOUTH ANNUAL REPORT

Our mission is to improve the lives of persons living with mental health challenges by advocating for improved public policy, educating health service providers, and connecting individuals to the right help at the right time.

## 45,000

TENNESSEANS SERVED  
July 2022 - June 2023

**1 in 5** ADULTS & CHILDREN IN TENNESSEE ARE EXPERIENCING A MENTAL HEALTH CHALLENGE 

## S U I C I D E P R E V E N T I O N

# 461 3,073 127,161

Workforce Trainings

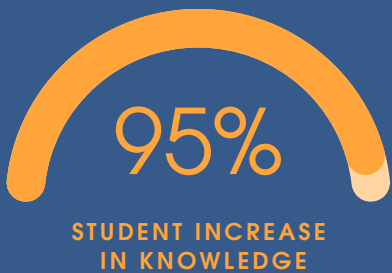
Individuals Referred to Crisis

Individuals Screened by Partner Agencies

The only acceptable suicide rate is **ZERO**. Together we can make suicide a never event.

317 INDIVIDUALS WERE TRAINED IN OTHER MENTAL HEALTH AWARENESS TRAININGS QUESTION, PERSUADE, REFER MENTAL HEALTH FIRST AID SIGNS OF SUICIDE

## E R A S I N G T H E S T I G M A Y O U T H



Students showed a 95% increase in mental and social emotional knowledge from our Erasing the Stigma Youth presentations. This is measured through a pre and post test evaluation with a numerical scale.

# 1,207

Students grades K-12 Trained in Mental Health Awareness through ETSY

## C A R E G I V E R S U P P O R T

"Her help has taken a weight off my shoulders. It feels like I have fresh air in my lungs"  
-Anonymous Caregiver



# 1,493

Caregivers Reached

"She validated my feelings and concerns. I think this is a very valuable resource to the community. It helps to know I'm not in this alone."  
-Anonymous Caregiver

## M E N T A L H E A L T H S C R E E N I N G S

# 41,733

Total Screenings Completed

80% of the 41,733 folks that took our online mental health test screened positive for a mental health challenge showing our efforts are reaching the right audience.

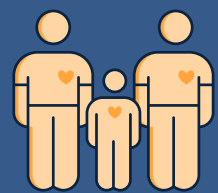


## M U L T I C U L T U R A L O U T R E A C H

MHA's Spanish-speaking case managers provide comprehensive services, connecting unaccompanied minors and their families with community resources such as mental and physical health services, legal consultations, and school enrollment.

# 480

Minors Served



## C O N T I N U I N G E D U C A T I O N



MHA's is now an approved provider through the National Board of Certified Counselors offering continuing education for professionals. Courses are offered on our online learning platform, LearnWorlds.

# 1,185

Learners on LearnWorlds

## M E D I A & S O C I A L P R E S E N C E

**19 M**  31,435  28,750  7,489  548

Media Impressions      Facebook Impressions      Instagram Impressions      Twitter Impressions      LinkedIn Page Views

Mental Health Crisis? Call or Text 988 or Visit 988LifeLine.org

Interested in contributing?


VISIT [MHAMIDSOUTH.ORG](http://MHAMIDSOUTH.ORG) To Donate Today!



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**MHA**  
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