



Support Group 2026

Cheatham County

Thrive 55+ Ashland City*
104 Ruth Drive
Marie Eppes
615-792-3629
Last Wednesday, 1:00 pm

CenterWell Senior Primary Care
Tusculum Center*
4901 Nolensville Pike
Beth Marty
629-249-1272
Last Wednesday, 12:30 pm

Davidson County

NAMI Davidson County*
615-891-4724 for variety
Zoom options

Clarendale Bellevue Place
7632 Hwy 70 So.
Kay Jones
615-271-5511
Last Tuesday, 6:00pm

Senior Provisions*
Ruth Woodson
www.seniorprovision.com/events
Third Thursday, 10:00 am

Vanderbilt Memory & AD
Center*
Amber Gatling
Amber.gatling@vumc.org
Fourth Monday, 5:30 pm
Virtual, please email for link

Barton House*
6961 US-70S
615-673-6922
Second Monday, 12:30 pm

Vanderbilt Frontotemporal
Dementia*
2015 Terrace Place
Emily Smith
629.239.9980
Emily.smith.3@vumc.org
First Monday, 5:30pm
Virtual, please email for link

Belmont Village Assisted Living*
4206 Stammer Place
Melissa Wells
629-333-3897
Second Tuesday, 12:00 pm

Brookdale Belle Meade
6767 Brookmont Terrace
Abigail Nelson or Paige Holbert
615.353.1990
Fourth Tuesday, 4 pm

Tennessee Caregiver Coalition*
Tim Marsh
615-269-8687
Fourth Monday, 6 pm

Virtual, email for link
respite@tncaregiver.org

931.980.3143
Third Wednesday, 11:00 am

Hickman County

Ascension Saint Thomas
Hickman Medical Clinic*
150 E. Swam Street
Jennifer Harris
931.729.1941
First Tuesday, 12:00 pm for
In person and virtual option
jennifer.harris3@ascension.org

Maury County

Columbia

Highland Church of Christ
497 E James Campbell Blvd
Becky Mischke
931.446.6847
Second & Forth Sundays, 3 pm

Spring Hill

Morning Pointe of Springhill
The Lantern*
1003 McCutcheon Creek Ln
931-451-1899
Third Wednesday 5:00pm

Montgomery County

Brookdale Clarksville*
2183 Memorial Dr.
Denise Rangel
931.257.1032 RSVP Encouraged
Last Thursday of month, 1 pm

Clarksville Library*
350 Pageant Lane
Rick Richmond

Robertson County

Thrive 55+ Ashland City*
104 Ruth Dr.
Marie Eppes Facilitator
Contact center 615.792.3629
Last Wednesday monthly, 1 pm

Rutherford County

Murfreesboro

Adams Place*
1927 Memorial Blvd.
Murfreesboro
Lee Ann Hyatt
615.801.5570
Second Monday, 3 pm

CenterWell Senior Primary
Care*
1715 So. Rutherford Blvd, Ste A
Beth Marty
615.575.3795
Third Thursday, 1 pm

Harmony at Victory Station
211 Fortress Blvd
Chelsea Fancher
615.397.9587
Third Thursday, 11:30 am
Lunch Provided-RSVP

St. Clair Street Senior Center*
325 St. Clair Street
615-848-2550
Second Tuesday, 10 am
Registration is required
Murfreesborotn.gov/seniorcenter

St. Marks UMC
1267 N. Rutherford Blvd
Community Wing Rm 503-505
615-893-3455
Fourth Thursday, 1:30 pm
Stones River Manor*
205 Haynes Dr.
Lee Ann Hyatt
615.801.5570
Fourth Thursday, 5:30 pm

The Villages Senior Living*
2550 Willow Oak Trail
615.848.3030
Second Tuesday, 4 pm

We Remember You
First United Methodist Church*
265 W Thompson Ln
Lee Ann Hyatt
615.801.5570
First Thursday, 6 pm
Third Tuesday, 2 pm
Fourth Tuesday, 2 pm

Smyrna

Azalea Court
207 Commerce Dr. Smyrna
Louanne Smith
615-355-9900
Third Tuesday, 5:30 pm

Sumner County

Gallatin

The Veranda*
650 Nashville Pike, Bldg. 4
936-554-4615(my cell)
Third Thursday, 12:30 pm

NHC Place Sumner
140 Thorne Blvd.
Lisa Wade (Oasis Senior Care)
615.339.2377
Carrie Ball
615.931.6708
Third Thursday, 2 pm

Hendersonville

Claredale Indian Lake*
195 Indian Lake Blvd
615.826.9223
First Thursday, 12:00 pm
RSVP-Lunch Provided

Hendersonville Church of Christ
Caring for the Caregiver*
107 Rockland Rd.
Dawn Elledge
615.831.3167
Second Thursday, 6 pm

NAMI Sumner Co.
131 Sanders Ferry Rd.
Anthony Mullins
615.498.7132
Third Tuesday, 6:30 pm

Williamson County

Brentwood

Brentwood United Methodist*
309 Franklin Rd., Room A 389
Patricia Person/Dr. Petrie
615.584.2078
Second Tuesday, 1:00 pm

Cloverland Park Senior Living
(Kay-business manager)
6030 Cloverland Dr.
Glenda Sesnan

615.819.5150
Third Thursday, 3 pm

Harmony at Brentwood*
9045 Church St. East
Dr. David Hutchings
615-431-1009
Second Tuesday 5:30 pm

Harpeth Hills Church of Christ*
1949 Old Hickory Blvd.
Brentwood (door 8)
Larry Dodson/Glendy Kirby
615.294.1642
Third Thursday. 11 am

Morning Pointe of Brentwood*
1522 Wilson Pike
Hannah Nafziger
615-285-3455
Second Thursday, 10:30 am

Franklin

Daughters of Dementia*
Via Zoom
Robyn Arab
615.294.1642
Second Tuesday, 6 pm
<https://us02web.zoom.us/j/83287527064?pwd=Zk5pVjIrZmlIWmorU3ZHQjVJR2tJdz09&from=addon>

Meeting ID: 832 8752 7064
Passcode: Care

Fountains of Franklin*
300 Celebration Cir
Pat Caron
615.567.3717
Fourth Tuesday, 1:30 pm

Williamson Co. Public Library*
1314 Columbia Ave.
2nd Floor Learning Center

615-595-1243
Second Friday, 10:00 am

Wilson County

Lebanon

Lebanon Senior Center*
670 Coles Ferry Pike
Jamie Phillips
615.449.4600
First Tuesday, 9:30am

Mt. Juliet

Victory Baptist
1777 Tate Lane
Anthony Mullins
615.498.7132
First Thursday,

*Verified Feb. 2026